

Residential Treatment Services of Alamance

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Burlington, NC 27216-0427

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Serenity Profile

A publication of Residential Treatment Services of Alamance, Inc.

June 2025

It takes a community to build recovery programs!

From the Desk of Ron Osborne



We have some solid supporters who help us in many ways. You're heard it said "it takes a community to raise a child", well it takes a community to have a successful recovery program working in the area. Our residents come to us broken with little hope that recovery is possible for them. Our staff show their love and support for all those entering our programs and love begins to blossom in each of our residents.

RTSA is fortunate to have caring supporters from the community who believe in our programs of recovery and the people who are in our care.

There are so many ways that people in the community help RTSA. So far this fiscal year, which ends June 30, individuals and businesses have made monetary donations in excess of \$168,000. We have had many support us in our fundraising activities such as our annual Banquet, Bid & Boogie, Jewelry Benefit Sale and Reverse Raffle. These people not only attended our events and pay for a ticket, many donated items for the auction or donated jewelry. Others helped by having a drive from friends, churches or civic group such as a jewelry drive for our Jewelry Benefit Sale, organized a paper products drive, or a linens drive bringing in sheets, towels, washcloths, pillows and blankets for our 43 beds we have in our four facilities. A church organized it's congregation to clean out certain items from their home during lent which they longer needed and collected items from their members to donate to our thrift store, Trollinger Treasures.

Many have made donations to Trollinger

Treasures where we sell donated goods to help support our recovery programs, and many have shopped in Trollinger Treasures purchasing good quality items while supporting our mission. Several families have donated items from estates after the death of a loved one. Our staff and residents have gone to several homes in the last few months bringing items left from estates that were then sold at Trollinger Treasures; thereby benefitting the agency.

A fifth Saturday Yard Sale is held several times a year where we clean out Trollinger Treasures and sell many of those items that never made it in the store. This past 5th Saturday Yard Sale was our largest of all times and being the most profitable day in Trollinger Treasures history of 22+ years.

These times, like most of our past years, are trying times. With some cuts from the government, cost of food, utilities, and nearly everything costing more, we need your help. Please consider coming to our fundraisers, making a monetary donation and or being a sponsor or donor of items for our Bid & Boogie coming up in November. This event has been designated to be a fundraiser to help us build our endowment fund.

It does take a community and this community has been good to RTSA, and for that we are grateful. Let's continue to make this life changing agency available to our community for those needing to build a personal recovery program for their addiction and/or mental health needs.

And may I close with...Always pray to have eyes that see the best, a heart that forgives the worst, a mind that forgets the bad, and a soul that never loses faith.



Need a Speaker!

Call us and we will talk about Residential Treatment Services and the recovery that is going on! We have been in business for 54 years and we know something about building strong programs of recovery.

Give us a call at 336-227-2994 to set up a date.



Duplicate Newsletters?

If you are receiving more than one copy of the newsletter, please give us a call so we make correct this mistake. If you would rather receive your newsletter by e-mail, please call us and give us your e-mail, so we can make that happen for you. 336-227-2994



24 Hour Mental Health & Substance Abuse Treatment

Providing recovery programs through the sale of donated goods

336-227-8500

403 Trollinger St • Burlington, NC



...to the **anonymous donor** of the beautifully framed cross stich "Footprints in the Sand" that was donated to be placed in the Women's Recovery Home. It makes a beautiful addition to the home.

...to the members of the **First United Methodist Church of Graham** who participated in a lent activity of cleaning out their homes and donating the items to Trolling Treasures where the sale of donated items help provide recovery programs. They even included friends from **Graham Presbyterian Church** to do some of the same things.

...to **Pam Hutton** for the donation of the remainder of furniture and household items of her parents estate sale. Many of these items have already been sold at our thrift store, Trolling Treasures. The Mebane Street Recovery Home benefitted by receiving a beautiful antique dining room table and chairs.

...to the following who have made individual donations to our endowment campaign. **Margaret Beatty, Bill & Annette Coble, James B. "Bo" Crouch, III, an anonymous donor, Carol Wooten & Tom & Vickie Whitaker.** These funds will continue to grow and benefit RTSA with a yearly contribution.

...to the family of **Dick & Jobirta Feroe** for the donation of furniture and household items from their estate. These items have made Trolling Treasures a busy place, everyone is looking for good quality household items and furniture. The store has been extremely busy this last week with shoppers finding extra special items donated by the Feroe family.

The following have made memorial gifts and/or honorariums to RTSA since our last newsletter.

Memorials

K. B. "Bill" Brown

by Clifton Fogleman
by Susan Holloway
by Ron & Janine Osborne
by Van & Kathy Qualls
by Jeff & Nancy Tudor

Addison B. Hemric

by Nancy Hemric
by Raymond James

Bob & Lucy Kornegay

by Robert D. Kornegay

Honorariums

Mark Graham, Jr.

by Allan Mark & Carolyn Graham

Joseph Brent Rice

by Barney D. Rice



2025 Annual Banquet

The 2025 Annual Banquet was held at the Alamance Country Club on May 7, 2025. We had 180 in attendance where we recognized our employees, Board of Directors, volunteers and our Community Partner of the Year.

The theme of the evening was "Gratitude is the best Attitude" and Gaylene Fogleman and Amanda Mann decorated the table in spring flower arrangements and pastel napkins making the room pop with the season!

We heard from two of our present residents and a graduate of the Women's Recovery Home along with our keynote presenter, Michael McCollum. Michael's message was inspirational, funny and gave everyone in attendance a true understanding of the road to recovery and that Gratitude is the best Attitude!

Thanks to our supporters and sponsors we were able to net \$55,182.19 for the agency, once all expenses were paid from the banquet.

Listed below are all our sponsors for our Annual Banquet held May 7, 2025 at the Alamance Country Club.

Emerald Sponsor



Diamond Sponsors

Anonymous Donor

Tom & Vickie Whitaker

Platinum Sponsors

The Ernest A. Koury Family Foundation, Inc. The JL Mauney Family Charitable Fund
Glen Raven

Gold Sponsors

Calvin W. & Julia B. Howard Family Foundation
Dale Stearns Ed & Carolyn Barnes Sarah Moore
Margaret Beatty Jim & Janie Crouch Dr. Charles "Chip" Allen
Pinnacle Financial Partners Mrs. Roger Gant, Jr. David & Cathy Moore
Mary Margaret Harris & Chris Wright New Covenant United Holy Church

Silver Sponsors

Southern Tire Sales Helen LeGette Gary & Marianna Harris
Kernodle Clinic James G. McAdams, III Knit Wear Fabrics, Inc.
W. Fisher Wealth Management Robert D. Kornegay Jerry & Diana Cummings
Saint Marks Church John Sullivan Medical Village Apothecary

Bronze Sponsors

Bill & Shirley Beyer Willie Saul & Son Plumbing Johnny & Lindy Bakatsias
Men of Macedonia Lutheran SS Class Dr. Samuel C. Powell NAMI Alamance/Caswell/Rockingham
Monti & Linda Allison King Electric Company United Women in Faith - First UMC
Sharon J. Milam Barbara Roberts Golson Family Services
Dennis & Polly Riddell Carol Wooten James. B "Bo" Crouch, III

Friends of RTSA

Tim & Natalie Miles, Joseph & Patsy Pringle, First Presbyterian Church, Gordon Painter SS Class - First UMC of Graham, Kathy Hykes, Marty & Pam Stadler, Thomas Family Management Trust, Dr. John B. Wolverton, Jr., Bill & Vera Thompson, Sherrie Waddell, Nancy K. Sain, Tom & Luanne Summers, Steve & Mary Ann Van Pelt, Clifton Fogleman, Bella's House, Bill & Linda Douglas, Tony & Mimi Holt, Rob & Cathy Johnson, Barney D. Rice, George & Sally Ross, Gaylene Fogleman, Dr. & Mrs. H.B. Kernodle, Jr., James & Cora Strickland

Have a heart for helping others, and the credentials?

RTSA is presently looking for several positions to fill in the near future. We have several full-time positions and part-time help is also available. We are presently looking for a Lead Clinical Clinician, a Group Homes Coordinator, Health Care Technicians and part-time Registered Nurses and/or Licensed Practical Nurses.

Applicants should be able to pass a background check, have a good driving record and meet the credentials of the position. Licensed applicants should have a valid license. If the applicant is in recovery they must have a minimum of two years clean time and continuing to work a personal recovery program.

Check out our website (www.rtsalamance.org) for Job descriptions, located under *Resources*. Contact us at 336-227-2994 for an application to apply and join our recovery team.



2025 Employee of the Year

This award was presented to

J. B. Wolverton, III

in gratitude for his dedicated service as an employee for Residential Treatment Services.

He is a committed employee who is willing to do whatever is needed for the organization. He transports clients to appointments, 12-step meetings, pick-up prescriptions, and make sure items are picked up from those who make donations to Trollinger Treasures. His relationship with the residents is commendable and his example to them is appreciated. He always brings with him a sense of warmth, genuine care and nurturing. He finds the positive in our residents and continue to have hope for all who walk through our doors.

His tireless work and commitment as an employee to RTSA is one of our greatest resources.

2025 Volunteer of the Year

This award was presented to

Jeanetta Hamby

in gratitude for her dedicated service as a volunteer for Residential Treatment Services.

Her commitment to prepare items so they may be sold in Trollinger Treasures has not gone unnoticed. Her pleasant personality fits well at the counter where she has taken many items and cleaned them to be sold to our customers. The many hours she has spent every week at the store has definitely benefitted the organization, along with her willingness to always assist others.

It is hard working, dedicated volunteers like her who have helped make Residential Treatment Services the life-changing agency it has been for the past 54 years.

2025 Community Partner of the Year

This award was presented to

*Epsilon Sigma Alpha
Beta Psi Chapter*

in gratitude for their dedicated service in providing assistance to RTSA.

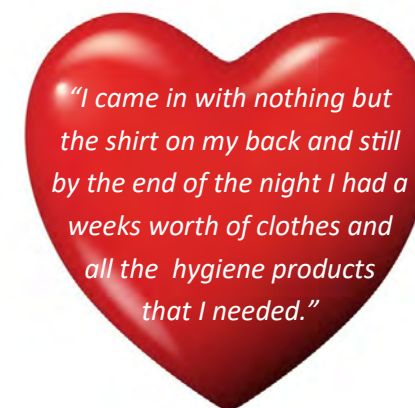
We applaud their efforts in all they have done to assist RTSA. Last year the sorority saved our Jewelry Benefit Sale. They came in on short notice and immediately took on the task of cleaning, organizing, and pricing donated jewelry for our benefit sale. The members spent numerous hours getting ready for this fundraiser. They brought many volunteers for the sale and especially Women's Night Out, as well as supplying baked items for the event. They have taken this on as a service project and we are truly grateful for their weekly efforts in preparing for the sale for this benefit.

We are proud to have them as a Community Partner, making RTSA a better place. Thanks for their efforts in assisting those in need of substance abuse treatment and housing at the Mebane Street Recovery Home.

I Came Broken & Beaten

I first came to RTSA broken and beaten. I was on my last leg and facing charges that could land me in prison for a long time. I knew I stood a chance at life though when I walked through the doors and heard some of the resident's stories. There were guys here that made me look like a saint. I thought I was too far gone for anyone to ever love and still they took me in like I was part of the family. I came in with nothing but the shirt on my back and still by the end of the night I had a weeks worth of clothes and all the hygiene products I needed. I knew I right then and there that I would be O.K. They made sure to let me know that they would love me until I loved myself. It was that moment I knew I found where I belonged. Thank God for RTSA.

Sincerely, Robert



Coming Back Home

I was born in North Carolina although raised in 4 different southern states before reaching adulthood. Like many other families, we were dysfunctional on so many levels. Unexplained events still haunt me and my family today as we try to heal the best way we can. Poor relationships went hand in hand with poor decisions that led to consequences I face even today. My excess alcohol and marijuana use while driving in 1996 led to a car accident, resulting in my TBI (Traumatic Brain Injury). Life was full of challenges and mini crises from that point because I additionally now have mental health/cognitive issues to deal with as well. Instead of finding answers, I continued to find problems.

In 2023, I had been in Florida for many years, struggling to keep my sanity along with a roof over my head which made me decide it was time to go back home to North Carolina. I received no support or understanding from my family but I came here to North Carolina anyway. Being practically alone, I bounced from service to service and really didn't know what was happening. I was soon sent to Freedom House who later had to send me to a homeless shelter. There, I was given a list of programs to call for admission and by the grace of God, RTSA was on that list. Not having much hope of getting a response to my calls, I called RTSA Hall Ave. who gave me the Mebane Street Women's Program phone number on a Saturday night and Miss Nancy answered the phone! I didn't know what to say so I just let her ask me questions.

I was fortunate to find a cousin who rescued me from the shelter while I waited for a bed to become available at Mebane Street. My meds were all mixed up and I didn't know the whereabouts of a few. Luckily my cousin helped me figure out most of it. When admitted to Mebane Street, I was too scared and unsure of myself to leave Miss Nancy's side so I followed her everywhere. My future was so undecided at that point. Her encouragement, guidance and patience was a model behavior pattern reflected by my house sisters who helped me to grow more confident. Coming to RTSA was a new and needed beginning in my life. Having supportive house sisters was such a needed thing for me. I was connected with a counseling service who appointed me a Peer Support Worker who helped me with my goals. The Mebane Street Ladies "dragged" me to AA/NA meetings until I no longer needed their prompts. I even found an interesting online international AA meeting during short COVID outbreaks that kept me not just compliant with program expectations but also kept me mindful of the dangers of substance use.

A major accomplishment while at Mebane Street was being reunited with my son who had been absent from my life for 10 years. Everyone helped me to initiate contact with him including starting with what to say if he chose to answer the phone or text message. Natural instincts took over and our relationship started to blossom. He and his new wife even attended a RTSA Annual Banquet with me and "the Girls" which made me so proud. He recognized and accepted the changes in me and has become an important member of my support system. I have now completed the Mebane Street Women's Program and recently moved into my own apartment. I am thankful for RTSA helping me get my life back together and attend to the important people and things in my life. My advice to current and future clients: Be serious about your commitment to recovery. Take advantage of what RTSA can offer.

Submitted by K.G.

Mebane Street Women's Program Graduate

Friday, November 7, 2025



The Annual Bid & Boogie fundraiser will be held Friday Night, November 7, 2025 at the Alamance Country Club. We will have dinner, a dance with **The Magnificents Band**. Tickets will be \$100 per person. There will be a Silent Auction where all proceeds will go towards the RTSA Endowment Fund.

We are collecting items for the Silent and Live Auctions. Gift baskets, artwork, pottery and gift items are always good things to donate for the auction. Beach house excursions, Vacation spots and sporting tickets to popular events are always good items. Help those in need of 24 hour substance abuse and mental health treatment. Come shake a leg and bid often to help build our endowment! **SAVE the DATE**. Any questions or to purchase tickets, call us at 336-227-2994.

Bid & Boogie

with the **Magnificents Band**

**Nov. 7, 2025
Alamance
Country Club**

Nine Months at RTSA

In my nine months being at RTSA my life has changes so much. Before coming here, it was all about me! I was lost. So on August 6, 2024 is when my life changed with the help from staff and the guys here. They have helped me be the person I should have been all my life. They have helped me get in school to get my GED, and after I get my GED I am going to school for culinary. This I could not do by myself. Also I am able to look people in the eyes and tell the truth on how I feel and they will help me. My daughter is back in my life and my family doesn't have to worry about a phone call in the middle of the night. I would like to thank RTSA for building my self-esteem, confidence and to become the person that people can depend on. Thank you RTSA. *A. J.*

A Story from Crestview Drive Group Homes

When I first came to Crestview Group Home #2, there was only one room left & it had a bathtub. I'm disabled and it was hard for me to get in and out of the bathtub. When a lady moved out, it was a handicap shower in there, and they made sure I got that room. They moved most of my things from one room to the other for me. That was very helpful to me. It was kind and considerate of them to do it.

They helped me when I had surgeries by bringing me my medication, so I wouldn't have to go to the office to get them. They didn't have to do that for me, but they did. The 3rd shift staff usually sits in the living room, but she moved to the den when I had my surgeries, so if I called out in pain in the middle of the night, she would hear me and come check on me to see what I may need.

I receive transportation to all my medical appointments scheduled here in Burlington. They take me shopping when I want to go. They will take you wherever you need to go, within limits, whether it is Walmart, Food Lion, or the Dollar Tree.

I'm allowed to keep my independence by being allowed to cook my own food. We are on our own for every meal except supper Monday through Friday and Saturday for all our meals. They do fix Sunday dinner. If we want to cook dinner for everyone, we are allowed to with Supervision. They can leave me alone sometimes for a few hours without having to worry about me.

So grateful to be here. *T. L.*

Jewelry Benefit Sale

We are still collecting and cleaning jewelry for the sale. Typically the sale is in September and we are hoping to have it at that time. This year we are looking for a location to have our sale. The Mall has rented the space we were using and does not have the space we require for this sale. Last year we had 40+ tables full of jewelry. We are presently talking with several churches and hope to have a location and time settled soon. If you know of an available space, please call us at 336-227-2994.

Donation of jewelry can be brought to our Administrative Offices or to Trollinger Treasures. The staff at Trollinger Treasures know that any jewelry donated goes to the Benefit Sale and the jewelry they sell at the store is jewelry left over from our Benefit Sale. Clean out those jewelry boxes and have a jewelry drive with your Church or Civic Group. Please bring them to us with plenty of time to clean, organize, price and sort before the sale! "Women Helping Women - A Jewelry Benefit Sale" benefitting the Mebane Street Recovery Home for Women.



Needs & Wishes

Just like any household, we have many needs and a lot of wishes. If you have extra, please consider a donation. If your civic group or church group would like to assist us in our mission, any of the items below would be useful and beneficial donations. Call us if you have questions at 336-227-2994.



Linens are a never ending need at the facilities. With 43 beds, we use and wash a great number of linens. Linens do not last a long time when slept on 365 days a year. Ideally, we would have several sets per bed and several towels per resident. If a women's group would like to have a shower for a facility - or the whole organization - that would be great! Remember we need **twin sheets, pillows, pillowcases, pillow protectors, mattress covers, blankets and bedspreads along with bath towels, wash cloths and hand towels**. That's a lot of linens!



In all of our facilities we have a total of 25 restrooms and 5 kitchens. **We use a unbelievable number of rolls of toilet paper and many rolls of paper towels in our kitchens and cleaning activities during the year.** Please consider a paper drive for RTSA.



Board games, decks of cards, puzzles, backgammon boards, chess sets, crossword & sudoku books would be a great addition to all the facilities. If you are considering donating used games, that's great - please check to make sure all the pieces are still available. All of our residents are at least 18 years of age.



In our **recovery programs we use a lot of printed materials, such as the AA Big Book, NA Big Book, 12 steps and 12 traditions, 12 step workbooks, and etc.** Please consider making a donation and designating that donation to 12 step materials for residents building a personal recovery program.